

2025

REFLECTION

REVIEW YOUR PAST YEAR IN REGARD TO THE FOLLOWING AREAS.
IDENTIFY HOW YOU HAVE GROWN OR HAVE BEEN STRETCHED.
HOW DID THE LORD SHOW UP IN THESE AREAS?

TAKEAWAY FROM THE PAST YEAR:

SPIRITUALLY

PHYSICALLY

EMOTIONALLY

MENTALLY

OTHER



2026

GOALS

THINK ABOUT THE YEAR AHEAD.
HOW DO YOU WANT TO GROW IN THE FOLLOWING AREAS?
WHAT IS YOUR PRAYER FOR THESE AREAS?

INTENTION FOR THE YEAR:

SPIRITUALLY

PHYSICALLY

EMOTIONALLY

MENTALLY

OTHER

